



Arrohattoc Drumbeat

Arrohattoc District
Heart of Virginia Council
Boy Scouts of America

Volume 3, Edition 3
October 20, 2011

POW WOW IS BACK!!

Better than ever!

Aka – the University of Cub Scouting. Additional training for Cub Scout leaders.

Time: Saturday, November 12th from 8:00am to 4:00pm

Cost: Early registration, \$15; Late registration \$20 (lunch included)

Location: Short Pump Middle School

To Register: [click here>>](#)

Cub Leaders, this is your first chance during the Scouting year to make major improvements to your Pack's program by having your parents and den leaders attend classes at PowWow! Enrollment is available online only through our Council website

(www.hovc.org). **Early bird registration will cost only \$15 from October 7th until October 20th, after that the cost is \$20.** Classes available will provide hands on instruction in the most important aspects of running a Cub Scout Pack. They will bridge the gap in experience and result in more fun than you could imagine!

Don't Delay, Register Today

Inside this issue:

<i>Overlooking the District</i>	2-3
<i>Mountain Man Rendezvous</i>	4-5
<i>Training and Key Dates</i>	6-7
<i>District Scout receives Award of Merit</i>	8
<i>Order of the Arrow</i>	10-11
<i>Activities for Scouts</i>	13-17
<i>The Popcorn Press</i>	18
<i>Presidential Active Lifestyle Award</i>	19

Arrohattoc's Eagles

- Zachary Kaldy T2806
- N. Chase Kimble T2890
- David Minter T2806

- **Scoutmasters: Send in the name of your Eagle Scouts and their Troop or Crew.**
- **Den Leaders: Send in the name of your Arrow of Light Scouts and their Pack.**

Designate your United Way gift to Scouting

Remember to designate your United Way contributions to Heart of Virginia Council, Boy Scouts of America (#2416). For more information, please contact Brett Smiley at 804-204-2617 or brett.smiley@scouting.org.



Life Scout Alex Dougherty, Troop 2862, awarded the Boy Scout Medal of Merit. Read about how this scout used his First Aid training to treat an injured friend. See page 8.



Overlooking the Arrohattoc District

Gary Gibbs, Arrohattoc District Chairman

The year is closing fast and our Arrohattoc volunteers continue to work hard to end with a successful year for our district. After two previously successful years, this year for the district has been challenging. A few contributing factors have been a rough economy, numerous leadership transitions on the District Committee, and the ineffective leadership of our District Executive for most of the year. The economy is still fragile, our transitions are complete, and we have found light at the end of the tunnel with our newest District Executive, Tegan Sockwell.

Our district fell by 20% making its 2011 Friends of Scouting goal. Popcorn sales this year are struggling and still behind its goal as of this writing. We will most likely miss our target with new units this year and find we will drop several more after Recharter is complete. We most likely will not meet our membership goals even though, in fairness, our goal was set very high.

However, not all is gloom and doom. Frankly, it is far from it. Our volunteers remain the best of the best. We have delivered a tremendously strong program this year to include a successful Pinewood Derby, Fishing Fun Day, and Fall Camporee to name a few. We have and continue to train our volunteers timely and effectively. We continue to have a strong and dedicated District Committee. And best of all, we have each of you serving in some capacity in this district.

So this year may not be a legendary year for Arrohattoc. So be it. We will celebrate our many accomplishments and learn from our challenges going forward. We will come out of this year poised to have the best year ever for our district. I hope each of you will be around to participate and enjoy in its success.



Overlooking Arrohattoc Membership Marian Fletcher, Arrohattoc Membership Chairman

Your Membership Team has been hard at work since our last Drumbeat helping to make a difference throughout our district! Starting in August when we hosted all but 3-4 of our cub packs at our Join Scouting Night (JSN) training. Techniques described, materials delivered, and pack leaders energized, we all went into the month of September determined to make the Arrohattoc JSNs the best ever! Many thanks go to the unit volunteers, all of the commissioner staff who were able to help during the school day, at the end of the school day and during the evenings to make the recruiting process run smoothly! Many of us were working 4-5 days a week for three weeks to make it happen! Thank goodness we had Google Docs to help keep us straight!

And a special thank you goes to Keith King who served as my co-coordinator this year as well as our new DE, Tegan Sockwell and her mentor, Marcus Ragland!

Our job is not done yet... we still have some follow-up to do for those families that did not join on JSN night, for whatever reason. AND we will be piloting a middle school recruitment for 5-6 troops during October and November. Planning is just now starting on this so if you would like to be a part of this exciting phase, please contact Marian or Keith at JSNCoordinator@arrohattoc.org as soon as possible!

As of this writing, we lead the council in youth recruited to date –let's keep it this way!

New Unit formation continues to be a challenge for the team and we will continue to work toward our goal of four new units by year end. Let Marian know if you have any possible leads.

Our last note is a plea for help... the great news is that during recruitment we brought on a number of bi-lingual youth to several units. Those units are now in need of volunteers to serve as cubmasters and den leaders to bring a quality program to the youth we recruited. In particular, we need several volunteers who can speak both Spanish and English to help with several units. If you can help or know someone who can, please contact Marian Fletcher at 804-739-1679.

For the Membership Team,

Marian Fletcher, Arrohattoc Membership Chair.



Mountain Man Rendezvous

September 23-25, 2011 Albright Scout Reservation

Friday evening welcomed in all the troops with a smooth check-in with everyone safely in their Albright Scout Reservation campsites by 8:30pm. That same evening, many of the early arriving scouts were able to spend time at the Mountain Man Expo area getting their newly acquired leather camporee patch ready for the next day's activities.

The next morning started off with a quick breakfast for most and a rush to the opening Flag ceremony. Once each patrol received their starting points, it was off to the stations. This year's activities were mainly centered on fun and excitement the 'Mountain Man' way.

Leatherwork / Camporee Patch - This was the first known leather camporee patch for our council. This was very popular with the scouts but probably not too popular with the person who had to sew it on the uniform. Well you can't have a leather patch without a leatherworking station which Tandy Leather was more than happy to oblige. With tables full of tools, stamps, hammers, leather strips and sinew, scouts were personalizing their patches right and left.

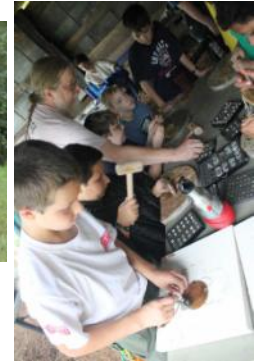
Trapping/Tracking - You can't go wrong here. I don't think there's a scout alive that hasn't wanted to build a snare to catch those sly little animals at the campouts or even in their back yards. Sorry mom for teaching these skills. There is probably one or two siblings that got caught within hours of their child returning from the camporee.

Flint 'n Steel - They weren't just hitting some steel to a rock. The 'striker's' were expertly hand made from carefully selected steel to make the best sparks ever. There were sparks flying everywhere with countless scouts both youth and adults making their very first fire from this old style fire making. If you want to see something to take some video - have a scout show you how you get the fire started after the charred cloth (which they made) has a spark. It looks like they are caring for a little bird in a nest.

Orienteering - This was no first time orienteering course your scoutmaster put on in the church's field in the back. This course had scouts all over the camp looking for orange and white square flags. Some scouts were right on course while others almost ended up walking right into the trapping area which would have been exciting for some of the scouts to trap such a huge animal on their first attempt.

Caber Toss - Just leave it to scouts make the most mundane thing into a lot of fun. Well really the Scottish started it. It can't get any simpler than this - take a stick and throw it - well not exactly a stick, more like a HUGE LOG. You should have seen those scouts grunt - you would have thought there was a hundred dollar prize for the furthest thrown caber (or the biggest grunt). Many came back for seconds and thirds.





447 Scouts and Scouters attended the 2011 Mountain Man Rendezvous!

**Thank you to all the volunteers that
helped make this camporee a success!**



Living Off the Land - Talk about some entertained youth. You would have never thought learning about plants could be so fun. It wasn't just listening, shucking, grinding and cooking cornmeal were all part of the complete experience. The next time you find yourself in a cornfield with nothing to eat, just give one of these scouts some time and you may be having a meal in no time.

Tomahawk Throwing - There would have been a mutiny if we didn't deliver tomahawks at a Mountain Man Rendezvous. Even the Webelos got to throw them (wooden ones anyway). The tomahawks always seem to show up at our camporees, but there haven't been any complaints of this consistently favorite activity. Really – is there such a thing as getting bored of throwing sharp objects and have them stick into something without getting into trouble. I don't think so.

Knife Throwing - Inspired by the knife throwing at the National Jamboree, this event was an instant success. We even out did the jamboree by having larger throwing knives – more like the ones mountain men actually use. While the scouts were throwing knives, the Webelos were busy shooting slingshots with great excitement.

Mountain Man Expo - If the scouts ever wanted to see what it would be like to live back in time, they got more than eye full. There were blacksmiths, black powder gun displays, true to the time campsite with authentic tents and tipi. We cannot forget the never ending source of food coming off the fire – especially those great tasting cobblers. Each visitor received a special bead for visiting and participating – not to mention getting their camporee patch branded.

With a full day of events behind them, each scout looked forward to a good dinner and a great campfire. The legendary Arrohattoc campfire team did not disappoint. It started off with a unique start and was continuously filled with fun and entertaining skits throughout peaking with an outstanding show by our very own John Hankins. And what a way to end it! One of the best US Flag retirements we've ever seen.

The next morning brought us all together in worship. It's impossible to give worship to God without thanking Him for all that He does for us. In this case, He gave us some truly talented people with unflinching courage, love and dedication. The magnitude of everyone's efforts were illuminated through the hundreds of special moments given to each of these special young men. It brings to life the verse in Matthew - "Let your light so shine." May God bless each of you for your undying devotion and bless the loved ones who support you.



Arrohattoc District Training Dates

(For more info on training dates, check the Arrohattoc District Website)

ALL LEADERS should take (if they have not already done so) the following:

Fast Start Training

Available on the Internet - link from <http://olc.scouting.org/>

Youth Protection Training

Available on the Internet - link from <http://olc.scouting.org/>

This is Scouting (Formerly New Leader Essentials)

Available on the Internet - link from <http://olc.scouting.org/>

Commissioners College

February 11, 2012 Capital One Town Center Campus. Also offering Boy Scout Leader Indoor training, Venture Leader training (both youth and adult), Cub Scout leader training along with a full day track for Roundtable leaders. All that in addition to the normal Commissioner Training. Registration will be available by the end of October on the council web site. For further information, Marian Fletcher (fletcherfam@comcast.net).

Wood Badge 2012

Apr 13-15 2012 and May 5-7, 2012 [More information](#)

CUB LEADERS should take the following:

Cub Leader Specific

2012-TBD

Basic Adult Leader Outdoor Orientation (BALOO)

2012-TBD

Webelos Leader Outdoor Training (OWL)

Oct 8-9, 2011 Camp T. Brady Saunders. Fee and registration information coming soon. For 1st year leaders, while 2nd year leaders (Arrow of Light Den leaders) - should take Boy Scout leader indoor and outdoor training to prepare themselves to assist their scouts with their transition to Boy Scouts.

Cub Scout Pow Wow (University of Cub Scouting)

Nov 12, 2011 Short Pump Middle School 8AM to 4PM. Training for all Cub Scout leaders. Early bird registration will cost only \$15 from October 7th until October 20th, after that the cost is \$20. To Register: [click here>>](#)

BOY SCOUT LEADERS should take the following:

Boy Scout Leader Indoor

2012-TBD

Boy Scout Leader Outdoor

2012-TBD

VENTURE CREW LEADERS

Venture Leader Training

2012-TBD

Contact Information

Kathy McKee - Arrohattoc Cub Training Chair: tkjim@comcast.net

Jamie Walker - Arrohattoc Boy Scout Training Chair: 804-291-6317

Karen Wood - Arrohattoc District Commissioner: Kwoodcid@comcast.net

Al Best - Venturing Training: ALBest@vcu.edu

Be part of the premier training team
in the Heart of Virginia Council!

Contact the Training Chairs if you can help as an instructor or support staff. Training materials are provided, based on BSA requirements and years of experience of the training team. If you aren't sure how you can help, but want to be part of ensuring a great scouting experience for Arrohattoc Scouts, go ahead and ask.

NEW VOLUNTEERS ARE ALWAYS APPRECIATED!



District and Council Key Events Calendar

Oct 29	SFF Bags out
Nov 5	SFF Bags in
Nov 18-20	Star Party
Dec 13-16	Council Winter Camp
Mar 15	District Dinner (including Arrow of Light and Eagle Scout Recognition)
Apr 9-13	Spring Break Camp
Oct 26-28,	District All Scout Camporee

1st Thurs of every month Monthly Arrohattoc Roundtable
 3rd Wed of every month Monthly District Committee Meeting
 4th Thurs of every month Monthly Takachsin Chapter OA meeting

Note from our District Training Chair Kathy McKee:

This is Scouting (On-line at <http://www.olc.scouting.org>) replaces New Leader Essentials. Leaders need to take it even if you have already taken NLE - that way it's on your computer record!

Arrohattoc District Training

- All courses are national BSA training courses presented by district volunteer instructors.
- You may take training in any district.
- There are four main components to Training (the first three can be done online at <http://www.olc.scouting.org>):

Fast Start Training

Fast Start training is the first step for any new volunteer and is to be delivered immediately after a new leader registers and before he or she meets with any youth member.

This is Scouting (replaces new Leader Essentials)

The new Basic Leader Training comprises two parts: New Leader Essentials for all unit-level leaders and Leader Specific training, which is based on the leader's unit-level position.

Youth Protection

Every leader in Cub Scouting should complete Youth Protection training, which provides essential information about working with youth.

Leader-Specific Training

These break out sessions are for specific positions within a Cub Scout Pack, Boy Scout Troop, and Venturing Crew and some have an introduction to outdoor skills.



Boy Scout earns medal for helping wounded friend

By Rich Grisct

(CONTRIBUTING WRITER Chesterfield Observer September 7, 2011 <http://www.chesterfieldobserver.com>)

Brad Nesheim (left), Heart of Virginia Council's scout executive, presented a Medal of Merit to Alex Dougherty for helping a friend after a life-threatening skateboarding accident. The heroism award is rarely given out by the Boy Scouts of America. Photo courtesy of Staci Dougherty In the face of a friend's medical emergency, local teenager Alex Dougherty took one of the lessons he learned in Boy Scouts to heart: Be prepared.

It started out as a normal October afternoon. Alex, then 14, was getting off the school bus when his friend Jim* pulled a stunt one might see in "Jackass: The Movie." Jim was riding his skateboard and held onto a schoolmate's hand who was riding the bus as it began to pull away. The next thing Alex knew, his friend was in trouble.

The back tire of the bus caught the skateboard, pulling Jim's foot underneath the tire. He was slammed into the side of the bus and thrown into a ditch, landing face down and unconscious. Someone screamed, and Alex ran to help his friend.

"His foot was bleeding. His sock was covered in blood," Alex said.

That's when Alex sprang into action. He told a friend to call 911 and made a perimeter around Jim. Using what he learned in Scouts, Alex rolled Jim over to make sure he was breathing. When he began to regain consciousness, Alex held down Jim's upper body to keep him motionless. He directed another friend to hold down Jim's legs.

"I made sure he stayed still in case he had a head injury, which he did," Alex said. "He didn't have any clue what was going on."

Jim's injuries were quite extensive, including brain trauma and a shoulder fracture. His left foot had to be stitched back together, and his middle toe reattached. It took more than three months for his foot to heal. Jim didn't return to school until the end of the school year.

"At least it wasn't as bad as it could have been," said Alex, now a freshman at Monacan High. "I just [used] what I learned in Scouts. It helped me stay calm."

Two of Alex's Scout merit badges, First Aid and Emergency Preparedness, were extremely useful.

"I really feel that those merit badges gave him the knowledge he needed," said Staci Dougherty, Alex's mother. "I'm very proud of him and how he reacted. He didn't panic."

Last month, Alex was honored for his actions with a Medal of Merit from the Boy Scouts of America. He received the award during a rank advancement troop meeting. Since the award was created in 1946, slightly more than 6,000 medals have been awarded to Scouts across the country. Currently a Life Scout, the next rank advancement for Alex is Eagle.

Alex is in the process of raising funds for his Eagle Project, building a puppet theatre and shelves for the Virginia Treatment Center for Children. The shelves will allow children to display projects they have created in play therapy.

"He's a good young man. He's learned a lot from scouting," said Kevin Nelson, Scoutmaster of Troop 2862. "I have a feeling good parenting has a lot to do with the type of person he is.

"He was able to take the training through Scouts ... and put it to use to help people," added Nelson. "That's what Boy Scouts are about."

* Name has been changed to protect the victim's identity.

Thank you to the Chesterfield Observer for allowing the use of this article



Check the District Website for more information!

- More info on upcoming training opportunities
- District Roundtable

Check the Council Website for more information!

- 2013 National Jamboree Leadership Application
- Journey To Excellence
- Popcorn
- Scouting Forms and Documents

Important Youth Protection Training Information

To help ensure that volunteers receive credit for Youth Protection training, we recommend taking the training online through myscouting.org. Setting up a MyScouting user account is easy. If you are a registered leader renewing your training, be sure that your MyScouting profile has your BSA member ID recorded so you receive proper credit. If you are new to Scouting, print a copy of the completion certificate at the end of the training and attach it to your Adult Leader Application in order to complete the process. Be sure to record your MyScouting user name and password in a safe place; you will want to return to your account when you receive your membership ID (found on your membership card) and update your MyScouting profile with your ID number so you can receive proper credit for all future online training.

If you take Youth Protection training in a classroom setting, be sure to get a completion certificate and ensure your name is properly recorded on the official class/ training roster. It's a good idea to secure the name and e-mail of your trainer in case you lose your certificate.



Takachsin - Chapter 28 of the Nawakwa Lodge ***Order of the Arrow Update***

www.takachsin.net

Fall, 2011 Edition

**Troop Leaders:**

Please allow your OA Troop/team Representative to share this newsletter with fellow OA members. Please post afterward.

Member Happening News:

- **Congratulations to the new Ordeal members** inducted during the Summer Service Weekend in September. You are starting your journey to "*Find the Arrow*".

The Takachsin Chapter meets every 4th Thursday (3rd Thursday Nov. & Dec.) at 7:30 pm, usually in the pavilion behind Hopewell United Methodist Church. (Corner of RT-288 and Courthouse Road)

Congratulations also to the new Brotherhood members. You are showing your spirit and dedication to the *Brotherhood of Cheerful Service*.

- **The separation of Chapter 28 from Chapter 18** is almost complete. Gains in active membership have allowed us to move forward in this effort to better align ourselves with our respective districts. This will allow us to better serve the scouting community of *Arrohattoc* with less confusion.
 - Our two chapters are now meeting in separate locations on separate nights.
 - We are also in the process of creating two new sets of regalia for our chapter. (Please contact us if you would like to help with this).
 - Documentation and the web site are also being updated.
- **As part of Chapter separation, we have filled two positions** within our chapter that were previously covered by youth from chapter 18.
 - Matthew Young has volunteered to be our Ceremony Team Leader. This is an important position and fulfills a vital need in the chapter.
 - Also, Matthew Webster has volunteered to be our Service Team Leader. Please give both of these young men your full support.
- **We are now on facebook.** Our Communication Team leader, Conner Scallion has created a Chapter friend named, "*OaChaptertwentyeight NawakwaLodgethree*" (first / last). Become a friend and stay informed of all the latest happenings via the "social network".
- **Indian Summer 2011 was a great success.** Many from our chapter attended this event and learned about the Native American Indian Culture, and the OA Inductions, and other Ceremonies. Next stop is Michigan State for the 2012 National OA Conference!
- **Time for 2012 Dues.** This is the time of year to pay your 2012 dues if you did not pay them with your Fall Fellowship registration or if you are not receiving your Tom-Tom. A dues form and information are available at Nawakwa.org.
- **Plan your next Election early.** Sign up now. Contact our elections Team Leader, Ryan McNeilly. Information and forms can be found at www.takachsin.net.

Upcoming OA Calendar Events:

- **Fall Fellowship** – The Fall Fellowship & Banquet Weekend is scheduled for the 14th to 16th of October, 2011. The weekend will include OA training activities, fun-filled events, Vigil Honor recognitions, and other awards as well as some great food and fellowship!



Takachsin - Chapter 28 of the Nawakwa Lodge **Order of the Arrow Update**

www.takachsin.net

Fall, 2011 Edition



Upcoming OA Calendar Events (continued):

- **October 27 - Chapter Meeting** – We will be having a Halloween costume contest with many different categories including lowest cost (we're talking <\$5 here). We will also be starting ceremony training for our newest members. Come out and get involved. Performing in Call-Out ceremonies is an easy way to help out.
- **November 17 – OA Chapter Meeting** – Program TBD
- **December 15 – OA Chapter Meeting** – Program TBD
- **December Dec 22-23 – Carillon Service Project** This annual Lodge service project takes place in Byrd Park from 6:00 to 8:30 both nights. Be sure to dress warm.
- **March 16-18, 2012 – March Service Weekend.**
 - Ordeal "Elected Candidates" can experience their Ordeal and become a member.
 - Ordeal members with 10-months, seal your membership by becoming a full Brotherhood Member. This is a great way to continue in the Brotherhood of Cheerful Service
 - Other members, Come for a weekend of Cheerful Service and Fellowship.
- **March 30 - April 1, 2012 – Washington / Jefferson Trail Crew / Trail Building**

This coming spring, Nawakwa Lodge 3 will be continuing the legacy of what ArrowCorps5 started in 2008 at George Washington and Jefferson National Forest. On the weekend of March 30 - April 1, 2012, a group of about 100 OA brothers will set out to continue the work completed in spring 2010 and spring 2011 to link together a three-mile section of the ArrowCorps Loop trail left unfinished by the ArrowCorps5 contingency. Youth ages 14 and up are encouraged to sign up for this weekend of cheerful service and great fellowship. The cost to go is only \$30, which includes transportation, food, a specially designed T-shirt as well as a limited edition patch to commemorate this act of goodwill. Training is planned for the March Service Weekend. Visit Nawakwa.org for additional details and registration forms.

Other:

- **OA Troop/Team Representative:** We would like to sign up a Troop Team Representative for every unit. Unit leaders, please encourage your Troop/team Rep to attend lodge functions and our monthly chapter meetings. Also have them sign up for our email list.
- **Takachsin Patches** - The new patches bearing the new Takachsin Totem are in. The price is \$5, but you can get them at Chapter meetings for \$3, and at Lodge events/meetings for \$4. Contact Mark Fetty.
- **Join the Takachsin Chapter (28) Nawakwa Mailing List** - With everything going on, it's important to get the latest OA Chapter Updates. Stay current on Chapter meetings, events, and service opportunities. Visit www.Takachsin.net and click on "E-Mailing List Signup" to join. Note that you will need to respond to a confirmation email.

Please visit www.takachsin.net or www.nawakwa.org for more details on any event listed here. Election information can be found at www.takachsin.net.



Scouting For Food 2011

- **Thank you to the leaders that, without being asked, stayed around to help load bag bundles at Roundtable. Your Cheerful Service was greatly appreciated!**
-
- **If your unit wants to participate, even on a small scale, there is still time. Email sffarrohattoc@gmail.com or go to the web site <https://sites.google.com/site/arrohattocscoutingforfood/>**
- **Bags out: 29 October 2011**
- **Bags in: 5 November 2011**

Journey To Excellence

As we begin to draw near the end of 2011 many units are busy working toward accomplishing their Journey to Excellence goals. This is also the time of year to prepare your unit for a timely re-charter.

As your unit is working on their Journey to Excellence it is important to review your unit's roster to ensure all youth and adults are registered with your unit. Reviewing your unit's roster in the fall ensures everyone is registered and allows for a timely recharter process. Youth advancement cannot be entered through internet advancement in your unit if they are not registered with your unit. All advancements for the 2011 calendar year must be entered before December 31, 2011 to be measured in your unit's Journey to Excellence.

Some units might ask, "what exactly is Journey to Excellence?" Journey to Excellence is a way for the Council and National BSA to measure the health of a unit by the amount of growth the unit experiences. Growth is measured primarily in advancement and youth retention along with other factors. Journey to Excellence has three categories: bronze, silver, and gold. If your unit has not begun working on the Journey to Excellence scorecards, contact your District Executive, District Commissioner, or Unit commissioner for help. For more information on Journey to Excellence, click [HERE](#). The scorecards are also available at this site.

James E. West Fellowship Award

Congratulations to Arrohattoc's own Jim Richards, Amangi Tuney Wachtschu (Big Bearded Mountain Man), for receiving the James E. West Fellowship Award during the Nawakwa Lodge Fall Fellowship October 10, 2011.



A MONUMENTAL EXPERIENCE

On a visit to Washington, D.C., in 2002, the Metz family of Cedar Lake, Ind.—dad Bruce, mom Valerie, and sons Paul, 18, Jason, 16, and Andrew, 14—stopped at many major tourist attractions, such as the U.S. Capitol, the Supreme Court Building, and various memorials.

Along the way, they noticed many statues, monuments, and memorials honoring lesser-known figures from American history. "My sons considered themselves fairly well studied in history, but they were unfamiliar with such names as Joseph Henry, John Rawlins, and Albert Pike," Bruce Metz recalls. (Henry, 1797-1878, was a scientist who perfected the electromagnet and served as the first secretary of the Smithsonian Institution; Rawlins, 1831-1869, was an advisor to Gen. U. S. Grant; and Albert Pike, 1809-1881, a man of many careers, was the sole Confederate officer to end up with a statue in his honor in Washington, D.C.) "They recognized names like [Tadeusz] Kosciuszko, [Baron Friedrich Wilhelm] von Steuben, and [John] Ericsson, but were not certain as to their place in history. And they were curious about the reason for others, such as the marble monument to President Franklin D. Roosevelt in front of the National Archives." (Polish-born Kosciuszko, 1746-1817, served America in the Revolutionary War, as did Prussian-born von Steuben, 1730-1794. Shipbuilder Ericsson, 1803-1889, designed the Civil War ironclad, U.S.S. Monitor.)



Unable to readily find information on these statues and memorials, the family hit upon the idea of developing a 10-mile trail that would take hikers to more than 55 sites on or close to the National Mall. They also decided to write a guidebook with information about each stop on the route.

The trail was designed with Scouting in mind, to be at least 10 miles, "suitable for a one-day Scout outing," Bruce Metz says, and useful for fulfilling several of the Hiking merit badge requirements. (At the time of their Washington visit, Jason and Paul were Eagle Scouts and Andrew was on track to become an Eagle two years later. Bruce served as an assistant Scoutmaster and Valerie as a committee member for their sons' troop.)

"In the spring of 2003, we made another trip to Washington to review the proposed route," Bruce says. And on additional, separate trips, Bruce and Paul took photographs of the monuments for the guidebook.

Valerie served as the book's primary editor, reading the text numerous times, finding and correcting errors. By December 2004, the trail was complete—a loop that officially begins and ends at the Ellipse (also known as President's Park South, between the White House and the Washington Monument at 17th Street and Constitution Avenue, NW) but that can be started and finished at any point.

The route extends to the Capitol Building in the east, the Lincoln Memorial in the west, the Jefferson Memorial in the south, and two blocks beyond the White House in the north.

In addition to opening the trail, the family published the 77-page *A Guide to The Monuments of Our Nation's Capital Trail*. The guidebook includes a trail map, photographs and information about each memorial, and "Did You Know" segments with interesting and unusual facts about a monument or the individual being honored.

The family also designed an embroidered patch, which is available for purchase by individuals who hike all or a portion of the trail.

The first Scout troops hiked the trail in the spring of 2005, and the BSA added it to its Nationally Approved Historic Trails list. That summer a number of troops from around the nation hiked the trail before or after the 2005 National Scout Jamboree. Nearly 600 hikers from jamboree troops ordered a trail patch.

"We were able to really learn about some of the individuals associated with our country's history," Ray Congdon, Scoutmaster of Jamboree Troop 741 from Tacoma, Wash., reported to Bruce Metz after his Scouts hiked a portion of the trail. Had it not been for the guidebook, Congdon said, "I'm not sure our troop would have taken any time to learn about these monuments."

For more information on the trail or the guidebook, contact tmoonct@yahoo.com.



Howl-O-Ree

Akela is calling her Cubs

Cub Scout Family Event

October 29-30, 2011

Cub and Webelos Adventure Camp

Heart of Virginia Council Sponsored Event

Cubs and their families are invited to enjoy the outdoors of Cub and Webelos Adventure Camp.

This is a Family Day Event, but you are welcome to spend the night. Either bring your own tent or stay in our Bunkhouse style beds.

Cub designed and created costumes are encouraged for everyone, but not required. Please nothing scary or gory)

Bring a skit, song or cheer for the evening show.

NOTE: CARS WILL BE ALLOWED INTO CAMP AT 4 PM FOR SETUP FOR THOSE WHO ARRIVE AFTER 11AM. LUNCH WILL BE SERVICE UNTIL APPROXIMATELY 1PM

FEES & REGISTRATION:

\$20.00 per person, and includes: Program Material, Lunch, Dinner and Patch.

If you spend the night, breakfast is your reward

Registration deadline is **Monday, Oct 24, 2011 at 5 pm**. Registration may be by pack or by den or by individual family. Attendance is limited to 400 participants. Event registration may be done online. Registration is first come, first serve. All Cubs must be currently registered with a Pack.

NOTE: Changes are being made in the schedule to allow Packs to participate in Bags Out, then come to Howl-o-ree and have lunch before they participate in the activities.



Winter Camp 2012 - [Click here for a Registration Form](#)

Will be held January 13-16, 2012 at the Heart of Virginia Scout Reservation - Cub Adventure Camp. Register as a troop or provisional. To reserve facilities for the weekend use the "Cub Adventure Camp Request for Use Form" found on the [forms page](#) of this web site.

Spring Break Camp

- April 9 - 13, 2012
- Heart of Virginia Scout Reservation - Camp T. Brady Saunders
- Program Guide (Available Fall 2011)
- Tent camping, family style dining, evening activities
- Register as a troop or provisional
- Eagle required and merit badges not offered at summer camp
- Fee \$180 per camper, \$75 per leader for the week

Albright Scout Reservation Tool Drive

We have no tools!

The maintenance team at ASR is looking for donations of tools and equipment.

We especially need tools for working on vehicles and tractors, such as socket sets and wrenches.

Have an extra roll around tool box in the garage? We could sure use it, since we don't have any!

The camp could also use garden tools. If you have an extra pair of loppers or clippers, or you buy a new one for yourself, keep us in mind when deciding what to do with your old equipment. Mattocks are especially sought after here at Albright for clearing small undergrowth at the campsites.

Don't use that bow saw since you bought that new chain saw? Please think of us.

Contact Joe Murray at 379-5620 or e-mail Joe at joemurray01@hotmail.com.



Grab Your Scope and Head Out to Camp!

Heart of Virginia Star Party!

Where: at the Cub and Webelos Adventure Camp, Goochland, VA.

[See map here.](#)

N 37 deg. 40.7 min., W 77 deg 52.2 min.

When: Nov. 18-20, 2011

- **Open to the general public.**
- Camping is allowed on the observing site with plenty of **heated** rest room access (flush toilets!).
- **Registration \$15 per participant.** Includes everything except heated rooms.
- \$6 fee for heated bunk rooms per person.
- Under 18 must be accompanied by parent or guardian, unless part of organized scouting unit.
- No pets, unless kept inside RV at all times.
- Free hot showers.
- There is plenty of space for RV's but **no hookups**. Generators allowed in dedicated area only.
- Power is available in limited locations. Bring grounded extension cords. Those who require electricity for their telescopes will be given priority.
- Facilities feature a **heated** Lodge, a picnic pavilion, and visitor parking.
- Skies at camp suffer from a couple of light domes, particularly from metro Richmond, yet are dark enough for decent views of most deep sky objects after midnight. We are in a "green zone." The Milky Way is usually plainly visible after 11 PM.
- Observing sites are relatively unobstructed, with more than one area available. A separate site will be reserved for imagers that want isolation.
- **Free hot coffee** Saturday night. No alcohol permitted.

No rain date. Check this site for cancellation. If you want to show up early contact [Ranger Tim](#) to arrange permission.

How: [Register online by clicking here.](#)



Scout Programs 2010-11



These programs are offered from March - November for scouts ages 7-14 who are pursuing merit badges in cultural resources and history. These programs are offered both at the Chesterfield County Museum Complex and at historic sites throughout the county. All programs are \$10/scout and last 2 hours. Adults and chaperones are free. A minimum of 10 participants per program is encouraged.

Boys Scouting Programs

Know Your Home and Community Achievement

This program is geared for Cub Scouts pursuing their Wolf Badge requirements.

What Makes America Special Achievement

This program is geared for boys (Cub Scouts) pursuing their Bear Badge requirements for this track.

Webelos Geologist Activity Pin

This program is geared for boys looking to obtain this special achievement. Program meets at Midlothian Mines Park.



American Heritage

This program is geared for Boy Scouts ages (11-14) wishing to obtain their merit badge addressing history and cultural heritage.

Archaeology

This program is geared for Boy Scouts ages (11-14) looking to obtain their merit badge for this special achievement.

Girls Scouting Programs

Plants Try-It

This program is for Brownie Girl Scouts (ages 6-8) pursuing their badge requirements. Program addresses historic herbs, making sachets, plantation life at Magnolia Grange.

Architecture

This program is geared for Junior Girl Scouts age (8-11) looking to achieve their merit badge.

Local Lore

Geared for Junior Girl Scouts age (8-11) looking to achieve their merit badge.

Explore Chesterfield County Badge Workshop

This program is for Girl Scouts of all ages that allows them to visit 6 historic sites throughout Chesterfield. This is a special Council patch and this program lasts 4 hours.



Details: Bryan Truzzie, 751-4946 or www.chesterfieldhistory.com.



Chesterfield County Parks and Recreation, P.O. Box 10, Chesterfield, VA 23832
804-748-1625 chesterfield.gov

Providing a FIRST CHOICE community through excellence in public service



THE POPCORN PRESS

The Newsletter of the Popcorn Campaign



<http://boyc.org/support/voting/popcorn/>
<http://www.trails-end.com/>

Volume: 2011 - Issue: 6 - Date: September 2011

Popcorn Success Story: Beth Paxson, Troop 2880 - This is my first year as the Popcorn Chair for our Troop, but I had done it for the last three years for our Cub Scout Pack. I started by reviewing what our Troop had done last year. I gave each Scout a note card with the amount they had sold last year. We then started to look at this year and what I thought we should do differently. I told the Scouts that this year we would be doing "Show and Deliver" for the first time. We also talked about ways that we could increase our Military donations. Instead of taking only a thirty or fifty dollar donation, we are going to accept any donation our customers want to make. At the end of the sale they will apply each thirty or fifty dollar increment to the military donations. I also asked the Scouts to set a goal for selling at least one hundred dollars *more* than they did last year. After the meeting, I was pleasantly surprised at the enthusiasm that the Scouts showed for selling popcorn. I had several Scouts come to me with their plans on how they are going to increase their sales for this year. I placed our order for "Show and Deliver" based on half of our total sales for last year, but based on the boys response I think we may need a lot more!



Have you seen Jared & Jason Reedy (Cubmaster) Pack 101 on YouTube.com as they talk about the Heart of Virginia Boy Scout Council's Popcorn Campaign? We very much appreciate everyone's participation. If not, here are the LINKS: (You may search using "heart of virginia boy scout council".)

Words from the "Popcorn King":
HeartofVAPopcorn@aol.com



Lite-98's FM "Wake-Up Show" with Bill Bevins & Shelly Perkins
<http://www.youtube.com/watch?v=tmtktDJkCA&feature=related>

1140's AM "News Show" with Jimmy Barrett
<http://www.youtube.com/watch?v=f3qQQ2Ga4AA>

WTVR Ch.6's "Virginia This Morning" with Cheryl Miller & Jessica Noll
<http://www.youtube.com/watch?v=v18wFg2UUs0>

Have you seen the PopTube Updates on YouTube.com? If not, here are some of the LINKS: (You may search using "boya popcorn".)

From the King's Round Table :
<http://www.youtube.com/watch?v=xmapdJJD3yc> 9/10/11

From the King's Warehouse:
http://www.youtube.com/watch?v=U_b8lKaocsg 9/14/11

From the King's Workshop:
<http://www.youtube.com/watch?v=XOWhaq5wZVs> 9/20/11

Make Plans Now:

Pick-Up Over the Next Several Weeks Additional Popcorn: Klok Warehouse 1855 Boulevard West Richmond, VA

Wednesdays: 12:00 Noon until 1:00 p.m.

Saturdays: 8:00 a.m. until 9:00 a.m.

(If you need to pickup product at a different time, please contact Brett Smiley at (804) 426-9241. Remember popcorn funds your program.)

November 14, Monday, 5:00 p.m.: Take Orders Due December 3, Saturday, Time TBA: Pick-Up of Take Orders

(To find the locations for your pick up go to popcornvirginia.org/)



SCOUTSTRONG PALA CHALLENGE OVERVIEW

WHAT IS "PALA"?

- PALA stands for the Presidential Active Lifestyle Award, an activity challenge of the President's Challenge program. The President's Challenge is a program of the President's Council on Fitness, Sports and Nutrition (PCFSN).
- PALA is designed to motivate participants to be physically active on a regular basis by allowing them to participate in activities they enjoy. Earning a PALA is definitely doable by **ANYONE** at **ANY** fitness level.



WHAT IS THE SCOUTSTRONG PALA CHALLENGE?



- In 2011 the BSA aligned with the PCFSN with the shared goal of together promoting good health for America's youth; the SCOUTStrong PALA Challenge is one of the results of this alliance.
- The SCOUTStrong PALA Challenge is a Scout-specific PALA challenge. Each BSA local council will have its own PALA group. Members of these groups will be able to:
 - » Compare their progress relative to the group
 - » Send messages to group members

WHO CAN PARTICIPATE IN THE SCOUTSTRONG PALA CHALLENGE?

The **entire** BSA organization is being encouraged to earn their SCOUTStrong PALA Challenge award; this includes the following:

- | | | |
|----------------------------------------------|----------------------------------------------|-------------------------------------------------|
| <input type="checkbox"/> Scouts of all ages | <input type="checkbox"/> Venturers | <input type="checkbox"/> Parents/Guardians |
| <input type="checkbox"/> BSA Volunteers | <input type="checkbox"/> Local Council Staff | <input type="checkbox"/> National Council Staff |
| <input type="checkbox"/> Friends of Scouting | <input type="checkbox"/> BSA Alumni | <input type="checkbox"/> Council Board Members |



HOW DOES THE SCOUTSTRONG PALA CHALLENGE WORK?

- To earn the SCOUTStrong PALA Challenge award, a participant is required to meet a daily activity goal of 30 minutes a day for adults and 60 minutes a day for kids under 18 for at least five days a week, for a total of six weeks. Participants can take up to eight weeks to complete the program.
- The participant picks their activities as they strive to reach their goal, logging their physical activity along the way.
- Over 100 indoor and outdoor activities count toward the daily requirement, including walking, running, aerobics, gardening, and canoeing, as long as major muscle groups are engaged at a moderate to vigorous activity level.
- Starting the SCOUTStrong PALA Challenge will help participants:
 1. Commit to daily physical activity—and stick with it.
 2. Set realistic goals to encourage fitness for a lifetime.





Arrohattoc District
Heart of Virginia Council
Boy Scouts of America

**Arrohattoc District
Key 3**

Chairman - Mr. Gary Gibbs
District Commissioner - Ms. Karen Wood
District Executive - Ms. Tegan Sockwell

The Legendary Arrohattoc District



District Website Address
<http://www.arrohattoc.org>

**Do you have new
Eagle Scouts
Or
Arrow of Light recipients**

We want to honor them by publishing their name the Drumbeat.

**Send their name and unit number to
arrohattocdrumbeat@gmail.com**

Arrohattoc Drumbeat Publication Key Dates	Jan 2012	Apr 2012	Jul 2012	Oct 2012
Suspense for input	12 Jan	12 Apr	12 Jul	11-Oct
Draft ready for review	16 Jan	16 Apr	16 Jul	17-Oct
Drumbeat published	19 Jan	19 Apr	19 Jul	20-Oct

**NEW POSITION
UNIT COLLEGE SCOUTER RESERVE (92U)**

This is a non-voting position and requires a background check.
The training requirement for this position will be Youth Protection Training.
No position specific training is required.

Order of the Arrow:

This is an inactive position and does **NOT** qualify for advancement.

This position can be used as follows:

- 18 year olds and older Scouts who are away at college or military and would like to remain registered.
 - Parents or adult leaders who are not active and want to remain registered.
 - Leaders who only participate at camp.
- **ATTENTION:** This position is not an option in the Internet Rechartering Module. Leaders not completely trained, who have youth protection training may be left on your charter. After submitting your Charter Renewal Roster online, cross off person's position and write in 92U on the printed roster next to their name before you turn in your recharter roster and fees to the council office.